

## MEDICATIONS TO AVOID BEFORE AND AFTER SURGERY

If you are taking any medications on this list, they should be discontinued 21 days prior to surgery and only Tylenol or extra-strength Tylenol should be taken for pain. All other medications that you are currently taking must be specifically cleared by your surgeon prior to surgery. It is absolutely necessary that all of your current medications be specifically cleared by Dr. Wardle and his nursing staff.

### Aspirin Medications to Avoid

4-Way Cold Tabs	5-Aminosalicylic Acid	Acetilsalicylic Acid
Acuprin 81	Adprin-B products	Alka-Seltzer products
Amigesic	Anacin products	Anexsia w/Codine
Argesic-SA	Arthra-G	Arthriten products
Arthritis Foundation Products	Arthritis Pain Formula	Arthritis Strength BC Powder
Arthropan	ASA	Asacol
Ascriptin products	Aspergum	Asprimox products
Axotal	Azdone	Azulfidine products
B-A-C	Backache Maximum Strength Relief	Bayer products
BC Powder	Bismatrol products	Buffered Aspirin
Bufferin products	Buffetts II	Buffex
Butal/ASA/Caff	Butalbital Compound	Cama Arthritis Pain Reliever
Carisoprodol Compound	Celebrex	Choline Magnesium Trisalicylate
Cheracol	Cope	Coricidin
Choline Salicylate	Damason-P	Darvon Compound-65
Cortisone Medications	Dipentum	Disalcid
Darvon/ASA	Dolobid	Dristan
Doan's products	Easprin	Ecotrin products
Duragesic	Endodan	Equagesic
Empirin products	Fiorgen PF	Fiorinal products
Excedrin products	Gelpirin	Genprin
Fiortal	Goody's Extra Strength Headache Powders	Halfprin products
Gensan	Kaodene	Lanorinal
Isollyl Improved	Magan	Magnaprin products
Lortab ASA	Magsal	Marnal
Magnesium Salicylate	Meprobamate	Mesalamine
Marthritic	Micrainin	Mobidin
Methocarbamol	Momentum	Mono-Gesic
Mobigesic	Norgesic products	Norwich products
Night-Time Effervescent Cold	Orphengesic products	Oxycodone
Olsalazine	Pabalate products	Pain Reliever Tabs
P-A-C	Pentasa	Pepto-Bismol
Panasal	Phenaphen/Codeine #3	Pink Bismuth
Percodan products	Robaxisal	Rowasa
Propoxyphene Compound products	Saleto products	Salflex
Roxeprin	Salsalate	Salsitab
Salicylate products	Sine-off	Sinutab
Scot-Tussin Original 5-Action	Sodol Compound	Soma Compound
Sodium Salicylate	Sulfasalazine	Supac
St. Joseph Aspirin	Synalgos-DC	Talwin
Suprax		

Triminicin  
Trilisate  
Ursinus-Inlav  
Willow Bark products

Tricosal  
Tussanil DH  
Vanquish  
YSP Aspirin Capsules

Trigesic  
Tussirex products  
Wesprin  
Zorprin

### **Ibuprofen Medications to Avoid**

Actron  
Aleve  
Bayer Select  
Clinoril  
Dimetapp Sinus  
Etodolac  
Flurbiprofen  
IBU  
Ibuprohm  
Indomethacin products  
Lodine  
Mefenamic Acid  
Motrin products  
Naprelan  
Naproxen  
Orudis products  
Piroxicam  
Relafen  
Sulindac  
Tolmetin

Acular (ophthalmic)  
Anaprox products  
Bextra  
Daypro  
Dristan Sinus  
Feldene  
Genpril  
Ibuprin  
Indochron E-R  
Ketoprofen  
Meclofenamate  
Menadol  
Nabumetone  
Naprosyn products  
Nuprin  
Oruvail  
Ponstel  
Rhinocaps  
Suprofen  
Toradol

Advil products  
Ansaid  
Cataflam  
Diclofenac  
Duract  
Fenoprofen  
Haltran  
Ibuprofen  
Indocin products  
Ketorolac  
Meclomen  
Midol products  
Nalfon products  
Naprox X  
Ocufen (ophthalmic)  
Oxaprozin  
Profenal  
Sine-Aid products  
Tolectin products  
Voltaren

### **Other Medications to Avoid**

4-Way w/Codeine  
Accutrim  
Anisindione  
BC Tablets  
Contac  
Dicumerol  
Emagrin  
Flagyl  
Heparin  
Lovenox injection  
Mellaril  
Opasal  
  
Pentoxifylline  
Prednisone  
Ru-Tuss  
Sofarin  
Stelazine  
Tenuate Dospan  
Ticlopidine  
Virbamycin  
Vitamin E

A-A Compound  
Actifed  
Anturane  
Childrens Advil  
Coumadin  
Dipyridamole  
Enoxaparin injection  
Fragmin injection  
Hydrocortisone  
Macrochantin  
Miradon  
Pan-PAC  
  
Persantine  
Protamine  
Salatin  
Soltice  
Sulfinpyrazone  
Thorazine  
Trental  
Vitamin A  
Warfarin

A.C.A.  
Anexsia  
Arthritis Bufferin  
Clinoril C  
Dalteparin injection  
Doxycycline  
Excessive doses of Vit C  
Furadantin  
Isollyl  
Melatonin  
Niacin  
PC-SPES (used for Prostate Cancer Treatment)  
Phenylpropanolamine  
Pyrroxate  
Sinex  
Sparine  
Tenuate  
Ticlid  
Ursinus  
Vitamin B6

## Tricyclic Antidepressants Medications to Avoid

Adapin	Amitriptyline	Amoxapine
Anafranil	Asendin	Aventyl
Clomipramine	Desipramine	Doxepin
Elavil	Endep	Etrafon products
Imipramine	Janimine	Limbitrol products
Ludiomil	Maprotiline	Nardil
Norpramin	Nortipytyline	Pamelor
Parnate	Pertofrane	Protriptyline
Sinequan	Surmontil	Tofranil
Triavil	Trimipramine	Vivactil

## Foods and Herbal Medications to Avoid

Alfalfa	All foods containing MSG	Aloe
Anheuser-Busch's 180 (contains Guarana)	Arizona Memory Herbal Tonic (contains Ginko Biloba)	Artichoke
Bilberry	Black Cohosh	Capsicum
Cayenne Pepper	Celery	Celestial Seasons Tension Tamer(contains Kava)
Chamomile	Chaparral	Chinese Herbs
Coca Cola's KMX (contains Guarana)	Comfrey	Dandelion
Echinacea	Ephedra	Fenugreek
Feverfew	Fish Oil	Fresh Samantha (contains St. John's Wort)
Fresh Samantha Super Juice (contains Echinacea)	Garlic	Ginger
Ginko Biloba	Ginseng	Goldenseal
Guarana	Hawthorn	Hops
Horseradish	Kava Kava	L-tryptophan
Licorice	Lobelia	Ma Huang (Ephedra) as found in Metabolife products
Marijuana	Metabolife products	No Chinese/Japanese Food (for one week pre/post op)
Oh Happy Day Vitamin Water (St. John's Wort)	Papaya	Passionflower
Plantain	Red Bull (contains Guarana)	Red Clover
Shitake Mushrooms	Snapple Fire (contains Ginseng)	Snapple Moon Green Tea (contains Kava)
SoBe Adrenaline Rush (contains Guarana)	SoBe Green Tea (contains Ginko Biloba)	SoBe Karma (contains Kava)
SoBe Lizard Blizzard (contains Echinacea)	SoBe Love Bus Brew (contains Ginseng)	SoBe Wisdom (contains Biloba)
St. John's Wort	Valerian	Xenadrin
Yohimbe (the natural Viagra)		